

ARJC

550 Newark Ave, Ste 304

Jersey City, NJ 07306

Ph: 201-624-2111 Fax: 201-795-0148

"Team Chiropractor for the Newark Bears"

Welcome to our practice. We are excited to help you reach your health care goals. Here are some common questions you may have during the course of your care.

Office Hours

Mon and Wed, 10-1:30 and 3:30-7

Tues and Thurs 3:30- 7

Friday 10-1:30 and 3:30-6

Treatment

It is common to be a little sore after your first treatment. This happens because your muscles, ligaments, and tendons need to get use to a new healthy position. After the first week this soreness usually does not happen. Patients that follow their care plan get great results and usually get full resolution of their problem. If you have a **car accident, work injury, or new injury** please notify us immediately so we can give you the appropriate care.

Missed Appointment

If you happen to miss an appointment, please make it up that week. Example: if your schedule is Monday, Wednesday, and Friday and you miss Monday or Wednesday. Make-up your appointment on Tuesday or Thursday.

Payment

Please make your co-payment each visit if you can. If you are unable to pay, please follow your care plan and make your payment on subsequent visits. Financial hardship cases are available for patients that are disabled or receiving government aid. Please ask Dr. Esposito or Dr. Oliviero to see if you qualify. In the event you receive **insurance checks in the mail** please bring them in or mail them to us immediately.

50% off First One-Hour Massage

We would like you to receive a one-hour massage with our therapist, Glynis Megargel. The first hour massage is 50% off. To book your appointment see Glynis in the office or call her at 201-624-2111.

If you have any questions during the course of your care, feel free to reach us at (201)624-2111 or come speak to us at the office.

We truly appreciate the opportunity to help you.

Sincerely,

Dr. Edward Esposito, D.C.

Dr. Laurence Oliviero, D.C.

Next Appointment:

Monday __:____ Tuesday __:____ Wednesday __:____ Thursday __:____ Friday __:____